

# San Antonio ISD

## Child Nutrition Services

### Special Diet Awareness

#### Roles and Responsibilities:

- It is required by the USDA to provide special diet accommodations to students with medical disabilities and conditions.
- Special diet meals must be prepared, served, and consumed at school in accordance with the SAISD CNS Special Diet Protocol to protect and nourish all students.

#### SPECIAL DIET FACTS:

SAISD CNS serves over 1,000 special diet meals per day.

Special diet meal accommodations and restrictions vary depending upon the student's medical condition.

Special diet menus are created according to the medical disability listed by the medical authority on the Special Diet Form.

While a medical signature may not be required every year, SAISD CNS Department requires that a special diet form be submitted annually with a parent signature.

The campus nurse is provided with a copy of each student's Special Diet File.



#### HOW ARE SPECIAL DIET STUDENTS PROTECTED?

- SAISD CNS has developed a strict special diet protocol.
- Special diet meals are prepared according to special diet menus, created by the dietitian or nutritionist, in line with the student's medical form.
- Purple special diet tags are attached to coolers, cambros, etc. when transporting special diet meals away from the cafeteria.

- Special diet alerts appear on the register at the point of sale

#### WHAT TO DO?

- If a special diet student receives an item that is not labeled with a purple sticker *do not* let the student consume the meal; contact the kitchen manager or campus nurse.
- Discourage students on a special diet from sharing food.
- Visit the CNS website and click the "Special Diets" link for more information on special diets.
- If you have other questions concerning special diets please contact the District Dietitian at 210-554-2290.

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